



The AMCH Letter

American Medical College of Homeopathy
Transforming Lives



A newsletter of the American Medical College of Homeopathy

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MESSAGE FROM The President

Dear Friend of Homeopathy,

One of the core values for the American Medical College of Homeopathy is Research. We believe that research is an integral part of becoming a medical school. AMCH is dedicated to promoting the growth of quality homeopathic research in the United States.

Homeopathic Institutional Review Board

AMCH has created a Homeopathic Institutional Review Board. This is a federally regulated Board that reviews the ethics of homeopathic research. This is the first of its kind in the country and will be available to receiving both internal and external submissions.

Homeopathic Proving

AMCH is dedicated to discovering new and important homeopathic medicines. We conduct annual provings that explore the healing powers of these new substances. The most recent proving was that of *Schistocerca americana* (American Grasshopper) and was published in March of 2008.

National Surveys

AMCH conducts community research to better understand the homeopathic community. The first such effort was a National Homeopathic Practitioner Survey which included 1200 participants and explored what it is to practice homeopathic medicine. The second survey was a National Homeopathic Patient Survey that explored what it is like to be a homeopathic patient. The results of these two surveys are available in the research section of our website at www.AMCofH.org. AMCH is in the process of conducting a similar National Homeopathic Education survey.

AMCH Research Conference

The AMCH Research Committee hosted its first annual AMCH Research Conference this Spring. It was a great success and we hope to hold this annually hereafter as part of our Annual Homeopathic Conference.

VISION Statement

To provide the highest standard of education in homeopathic medicine, which transforms health care and improves the quality of life.

MISSION Statement

To create and maintain a four-year full time homeopathic medical school and build a foundation for the future of homeopathic medicine.

Fertility Clinic

AMCH has opened an Alternative Fertility Clinic. In addition to being a teaching clinic, this is also a research clinic. It is our hope to demonstrate the efficacy of homeopathic treatment of fertility issues and to also compare the efficacy of Homeopathic Medicine with Asian Medicine.

With warm regards,

Todd Rowe MD, MD(H), CCH, DHT
President AMCH



It's Not Just Water! - Research that is also changing lives by Mary Conrad Lo, MD

Did you know that the molecular structure of water can be changed without the transfer of any material-like a waffle iron transferring its pattern to your breakfast carbs? Or that live electrodes in a container of water (uniformly pH 7 in its usual state) create a **pH gradient that lasts for hours** after the electrodes are removed (13 to 1, cathode to anode)?

Did you know that the design of large randomized placebo controlled trials of homeopathic treatment is to blame for their mostly conflicting and inconclusive results?

On March 14, 2008 a small group of clinicians, scientists, students, and interested individuals gathered at AMCH to hear about and discuss exciting results of ongoing research projects relevant to the field of homeopathy. Participants were so engaged that the scheduled morning break was happily ignored!

After an introduction by **Bill Gray, MD, DHT, of Hahnemann College, Iris Bell, MD, MD(H), PhD, of the University of Arizona College of Medicine** spoke about the need for conducting appropriately-designed clinical studies to address questions in homeopathy. She explained the numerous ways in which studies designed to test the efficacy of pharmaceutical agents are inappropriate when studying that of homeopathic remedies. She discussed relevant applications of qualitative research methodologies, and presented convincing new in vitro, in vivo, and clinical data. She offered the idea that perhaps more complex remedies may be needed now than in the past due to emerging complexities of ever-evolving human physiology.

Rustum Roy, founder of Penn State University's Materials Research Laboratory (www.RustumRoy.com), gave a fascinating presentation about research on the structure of water, among many other things. Did you know that radio waves having the exact resonance frequency of the hydrogen-oxygen bond rip those bonds apart, causing water to burn? Or that, just as graphite in pencils and diamonds differ only in the structure of their carbon-carbon bond configurations because of physical conditions under which they form, so too do the molecular structures of samples of water differ after subsection to influences such as pressure (as from succussion), or after adding minute quantities of ions, such as gold or silver? All these observations-only a small fraction of those discussed-may have exciting implications for the question of exactly how homeopathic remedies exert their awesome effects.

David Riley, MD, discussed results of some of his numerous recent provings, and presented details of his now-standardized methodology.

Finally, **Todd Rowe, MD, MD(H), CCH, DHT of AMCH** discussed results of his community research projects, which have included two on-line surveys, of 1150 practitioners and 1150 patients, respectively, concerning topics such as cost, satisfaction, barriers to success, and side effects of treatment. These surveys revealed an overall homeopathic efficacy rate of 78%.

An hour of informal discussion and networking took place over a delicious, complimentary lunch, and at 6 PM, everyone departed with renewed commitment and energy, looking forward with enthusiasm to next year's AMCH Research Conference.





EDUCATIONAL Opportunities

Homeopathic Practitioner Part-Time Certificate Program

AMCH will be starting another part-time homeopathic practitioner program next year. This will be the sixth class since the program's beginning. The Program spans 900 hours over three years and includes 300 hours of clinical training. The program prepares the practitioner for the professional practice of classical homeopathy. This program is both licensed by the State of Arizona and accredited by the Council on Homeopathic Education. Contact the registrar@AMCofH.org or call 602-347-7950.

Veterinary Homeopathy Program

We are starting a homeopathic veterinary program this Fall 2008. This program is open both to the general public and to licensed veterinarians. The program is 500 hours and spans two years. One third of the program is clinical training. Contact the registrar@AMCofH.org or call 602-347-7950.

Acute Care & First Aid Course

AMCH offers a 40-hour introductory course that is designed to teach acute care and first aid prescribing for the public. This class meets one Saturday per month for six months. We are currently offering this program in Phoenix, AZ. Contact the registrar@AMCofH.org or call 602-347-7950.

Introductory Distance Learning Programs

We have two distance learning programs that we offer nationally. These are 40 hour and 50 hour introductory courses that are designed to teach first aid and acute prescribing. They are CD/DVD based and accompanied by an extensive syllabus. Contact Lesley Hesselmann at DistanceLearning@AMCofH.org or 602-347-7950 for more information.

Green Medicine Distance Learning Program

We are beginning a new Distance Learning Program in Green Medicine. This program teaches how to create a sustainable green medicine practice. This program is offered in affiliation with Teleosis Institute. The program is 35 hours and spans two months. It includes on-line training and chat room discussion. Contact Lesley Hesselmann at DistanceLearning@AMCofH.org or 602-347-7950 for more information.

Full-Time Doctoral Program

AMCH is planning on starting its full-time homeopathic medical school program in 2011. This is designed to be a four-year, full-time training in homeopathic medicine and will provide a doctoral level degree. Graduates will be licensed as doctors of homeopathy in Arizona through the Arizona Board of Homeopathic Medical Examiners. Contact the registrar@AMCofH.org or call 602-347-7950 for more information.

IN THE News

DISPELLING HOMEOPATHIC MYTHS

Do children have better success rates than adults?

In our recent National Homeopathic Patient Survey, we found that success rates for children were not as high as they were for adults. Perhaps this relates to difficulties in taking a homeopathic case from a small child.

Is homeopathic treatment too expensive?

In our recent National Homeopathic Patient Survey, we found that the annual cost of homeopathic treatment was about \$600 per year. The average cost savings of reduction in conventional medications for patients in homeopathic treatment was \$1000 per year.

Reichenburg-Ullman Case Conference

The science and art of homeopathy is truly evolving in its depth and breadth. Drs. Judyth and Robert Reichenburg-Ullman led conference attendees into the world of Source prescribing this past March for AMCH's third Annual Homeopathic Conference. It was an inspiration for many to see how patients reveal and tell us their remedies, if we ourselves are patient and open enough to listen.

Infertility Research using Acupuncture & Homeopathy

Infertility affects over 10% of couples trying to conceive every year. In response to this AMCH has formed a research clinic to study the effects of individual and combine treatment programs in acupuncture, homeopathy and herbal medicine for both male and female infertility issues.

American Medical College *of* Homeopathy

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FOR MORE **Information**

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IN THE NEWS

AMCH Community Service Award Acknowledgements!

A heartfelt thank you to the following AMCH community service award recipients for their tireless and loving contributions to the homeopathic community over the years here in Arizona.

2006 - Lesley Hesselmann DHM

2007 - Bruce Shelton MD, MD(H), DiHom

2008 - Eileen Nauman DHM

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